



CHANEL COLLEGE

news

15 May 2014

TERM 2 WEEK 4

ISSUE 47

"To act justly, to love tenderly and walk humbly with your God"
Micah 6:8

From the Principal

I recently visited a Year 10 PDE class and one of the topics that they are learning about is gratitude. I have been thinking a lot about "being grateful" of late and have been trying to include "things that I am grateful for" as part of my nightly prayer routine. A very wise man once told me that counting blessings is a much more effective way of preparing to go to sleep than counting sheep!

I recently came across this article and I thought that I would share it with you.

Teaching our children to say "thank you" is important, but truly instilling a sense of gratitude in them is another matter entirely. Gratitude goes beyond good manners - it's a mindset and a lifestyle.

Studies show that children who count their blessings reap concrete benefits, including greater life satisfaction and a better attitude about school.

Why is it important to cultivate an attitude of gratitude?

First of all, gratitude is healthy for us, adults and children alike. Cultivating gratitude increases happiness levels. Gratitude can also help individuals live happier, more satisfied lives and enjoy increased levels of self-esteem, hope, empathy and optimism. Children who practise grateful thinking have more positive attitudes toward school and family.

Gratitude gives perspective. When you take into account the sheer number of opportunities, privileges and material possessions most children enjoy through no effort of their own, it's easy to see why many of them feel entitled. After all, they get used to getting stuff without knowing or caring where it comes from. Practising gratitude, on the other hand, underscores the fact that all those toys and creature comforts don't just pop out of thin air. When children recognise that the things they own and the opportunities they have come from someone other than themselves, it helps them develop a healthy understanding of how interdependent we all are. Then they may be more inclined to treat others with genuine respect.

Gratitude improves relationships. Would you rather show up at work every day to colleagues who freely acknowledge and appreciate your contributions, or colleagues who take your efforts for granted with a perfunctory grunt of thanks? It's a simple principle: gratitude fosters stronger, more positive and more genuine relationships.

Gratitude counteracts the 'gimmies'. Fundamentally, gratitude is about being aware of who or what makes positive aspects of our lives possible, and acknowledging that. When children learn to think in those terms, they can be less apt to make mindless, self-centred demands. Plus, they begin to appreciate what they have rather than focusing on what they wish they had.

Acknowledgement: Andrea Reiser

God bless

S. m. Nop

Sharon Volp

Staffing Update

Welcome to Mrs Stephanie Chaumont who joined us as a teacher in Science Department this week and to Mr Ron Cheetham, our new Groundsman.

Chanel Day Mass

I would like to extend a warm invitation to all members of our community to attend our Chanel Day Mass on **Wednesday 21 May** in the Marian Centre commencing at **9.15 am**.

School Review and Improvement

On Monday we emailed the School Review and Improvement Parent Survey to families. We encourage all members of the community to complete these surveys, as this will provide us with feedback on "how we are going" and "how we can improve".

If you have not provided the College with an email address, please contact the College Office so that we can arrange for you to access the survey. Please have completed surveys returned by **Monday 2 June**.

Year 8 2015 Enrolments

Offers were posted to all families who have completed the enrolment process in the last week of last term. To secure your place for 2015, please ensure that paperwork is returned to the College Office by **Friday 16 May 2014**.

Phone: 07 4973 4700

Fax: 07 4973 4799

E-mail: the.secretary@chanelcollege.qld.edu.au

website: www.chanelcollege.qld.edu.au

Student Absentee Hotline: 4973 4791



Good News

Kath Hore Mission & RE Support Officer

Star of the Sea Mass – Term 2

All youth are invited to join in the activities in the **Parish Hall, Herbert Street** after the **Chanel SOS Mass** this **Sunday 18 May**. **Mass will begin at 6.00 pm** followed by a youth gathering in the Hall from **7.00 pm to 8.30 pm**. Parents are welcome to enjoy supper and a social chat in the meeting room of the Parish Centre while they wait for their youth.

Year 10 Retreat

The feedback and comments from our Year 10 students who attended Retreat last week were very positive and indicate that their time at Retreat was both enjoyable and rewarding.

Some of their comments included – “The program was very helpful, I have talked to people I never thought I would and was able to strengthen bonds and find things within myself. I GREW!” “The session that helped me the most was finding each other's qualities/virtues, I came to realise that I have many people caring for me and accepting me.” “The fire and hand washing really helped me, it made me think about things I had hidden for a long time and take responsibility in a way I found really worthwhile for things I have done.”

Thank you to the many parents who volunteered to help with meals at Tanyalla, your assistance was greatly appreciated by the students, Chanel staff and Jenny Wilson.

Chanel Day Mass

We extend to everyone a special invitation to come and celebrate with staff and students, our Chanel Day Mass, on **WEDNESDAY 21 May** commencing at **9:00 am** in the Marian Centre.

Stamps for the Sisters of Mary MacKillop in Peru

Please remember to save your used stamps and send them in to the College. The Sisters in Peru need our support to enable them to continue their work with disadvantaged and marginalised children. **Thank you to all who have donated so far.**

Second Hand Uniforms

The second hand uniform 'shop' is open each Wednesday during first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Thursday 22 May - NO CLASS MASS (Chanel Day Mass on Wednesday 21 May)

Please Pray for ...

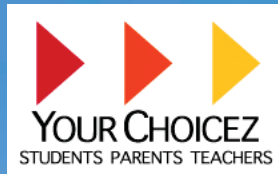
- Mrs Butterworth and others in our community who are unwell or recovering from illness.
- Safety and enrichment for our students on various excursions/retreats.
- Innocent victims in the Ukraine and other countries experiencing political unrest.
- The safety and the return of the school girls kidnapped in Nigeria.

Praise and Thanks for...

- Civilians and defence personnel working to rebuild lives and to bring peace, unity and justice in many parts of the world.
- The opportunity given to our Year 8 students to take time out from their busy lives to reflect on leadership in preparation for next year.
- People who work with our youth to ensure they are given the opportunity to reflect on and live out their faith.

If you have any requests for either of the above prayers, please leave your request at the Office.

PLEASE NOTE: The College Office will be closed Wednesday 21 May from 9.00 am till 10.15 am due to Chanel Day Mass. Sorry for any inconvenience.



Marian Centre
Chanel College
Wednesday 28th May 6:30 - 8.00 pm

A Crucial Night for Parents

David Kobler

David is a dynamic and gifted speaker with an intense passion to reach and empower young people to lead fuller, more positive lives. David has enjoyed a dynamic career as a full time Youth Minister and has an extensive background in developing, refining and delivering youth programs.

He is a young husband and father of two young boys. He continues to create a meaningful impact in the lives of young people and parents across the world. His continued tertiary theological studies and immense knowledge and research on issues relating to teenagers means students and parents now have an ever greater opportunity to gain valuable life tools from each seminar.

His session will explore a range of themes relevant to relationships and sexuality education for parents including:

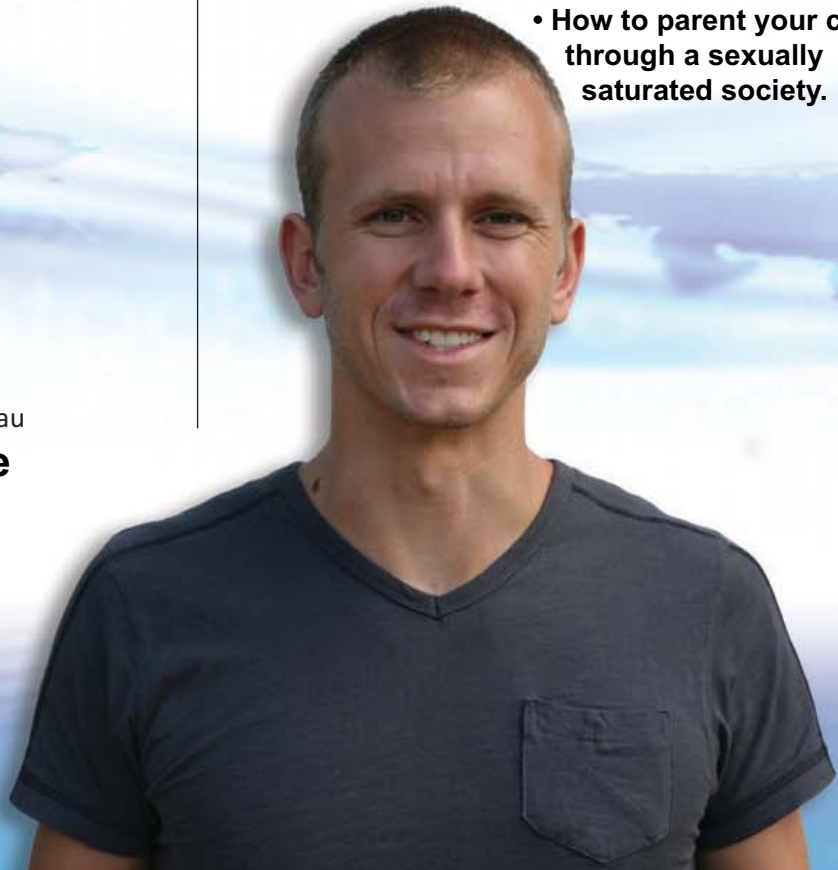
- **The major challenges your child is about to face.**
- **Media and Marketing and its impact on your child.**
- **Alcohol and sexual decision-making.**
- **The rapid growth of pornography and how it is effecting young men.**
- **Helping girls find the courage to develop healthy relationships.**
- **Rites of passage and your son's journey to manhood**
- **How to parent your child through a sexually saturated society.**

RSVP: Monday 26 May 2014

Vicki Stewart 4973 4700

Victoria_Stewart@rok.catholic.edu.au

Chanel College Office





GLADSTONE ENTERTAINMENT
CONVENTION CENTRE

**GLADSTONE ENTERTAINMENT CENTRE
23 MAY 2014**

Performance using Puppets

THE STORY OF THE DEEP

based on the book by Tim Winton.

Alice and her family live by the sea. Everyday her family goes down to the jetty for a swim. Her mum and dad dive and make huge belly flops. KABOOM is the sound of her brothers doing bombies off the top rail. But Alice, who is not afraid of snakes or spiders, just watches from the rail. Alice is scared of the deep.

The Deep tackles Alice's fear of the deep ocean. She hates sticking in the shallows and feeling so small but is not brave enough to swim out where the ocean turns from green to blue. Although her family tries to encourage her to swim with them it is not until she has an unsuspecting swim with the local dolphins that her fear of the deep is conquered.



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Water We Doing Here?

On a sunny May 13, the Year 11 Chemistry class visited the Gladstone Water Treatment Plant, providing a clear visual depiction of their current syllabus about water. They were fortunate to be guided by the Superintendent In-charge, Sara, who gave a tour around the site according to its procedural orders. First of all, we were invited to a conference room, where Sara delivered a talk about the general process and aim of water treating, before proceeding to observation sites. Each step of water treatment is complex and supervised from the control room, where the students were given special privilege to access. Students were exposed to the coagulation and flocculation systems, filtration, DAFF (Dissolved Air Filtration Flotation) sites and fluoridisation. Our Year 11 Chemistry students have expanded their perspectives on water from this excursion and developed a better appreciation for the water they consume every day.



Erlina Mohamed Syazwan
Science Ambassador



YEAR 9 SELF PORTRAITS

Can you guess who they are?



sporting news

Kylie Kickbusch
Sports Coordinator

Interhouse Athletics Carnival

It is only 6 weeks now until the Interhouse Athletics Carnival. This will be the final whole school Interhouse Carnival of the year and for our Year 12 students. It should be a tightly contested 2 days full of fun, novelty events and of course our Age Championship Events. The carnival will be held on the last 2 days of Term 2, the **26 -27 June**. As the carnival draws closer more information will be given to students.

Port Curtis Trials

Date changes for Port Curtis Trials: Port Curtis Trials for U15 Boys and Girl's football (soccer) and Basketball & U15 Boys Rugby Union have been moved to next **Tuesday 20 May**. Students who nominated for these sports received the correct dates for trials on their parental consent forms. I would like to wish those students attending upcoming Capricornia trials for Hockey, Touch Football and AFL all the best for their trials and a great couple of days of tough, competitive competition.

Interschool Netball

Interschool Netball for girls will be held in Biloela this year. This will be full day carnival, which is a change to the usual 4 weeks of after-school games. Girls in Years 8, 9, 11 and 12 have been asked through the morning notices to see myself to obtain a team nomination form. Team nominations are due by **Friday 16 May**.

Youth Excellence Award

Harrison Madge was presented with the "Youth Excellence Award" by Agnes Water Surf Life Saving Club on the weekend. The award is for excellent contribution to Patrol, Competition & spirit of Lifesaving by a young Lifesaver. This is a huge achievement for him as he gives up an enormous amount of his time to patrol. He also received 1 of only 5 medallions given out at the Club for patrolling over 40 hours for the season. This season Harrison also did his first rescue of a young man caught in a rip at Agnes. Congratulations Harrison on a fantastic achievement.



BOND Mooting Competition

Last Thursday, Rochelle Barber, Sarah Coleman and Demi Lisle competed against Rockhampton Girls Grammar in a Moot at Rockhampton's Old Supreme Court. A Moot is a legal argument based on a prescribed set of facts. Mooting is designed to teach and test a range of intellectual and practical skills, and to give participants an insight into the operation of the legal system. Moots simulate as closely as possible, the operation of a real court where students present a legally researched case to a judge. The students spent a lot of time preparing for this competition and their efforts paid off. The students participated in the competition for a scholarship to attend BOND University. Although, we do not yet know if we won against all participating schools in the Rockhampton Region, the Judge was very impressed and told our students they had raised the expectation for Year 11 students. The girls represented Chanel College with modesty and integrity. Well Done!



Career news

Jaye Mellor
Careers Officer

Defence Force Visit

The presentation is suitable for both girls and boys but is given by female members of the Air Force, Army and Navy in order to provide an inspirational role model to female students. There is a focus on trade and aviation related roles as many students are unaware of these roles and what they involve. We will be holding an Information Session at Chanel College on **Wed 28 May** between **1.30 pm and 2.30pm** in the Library.

There will also be an Information Session in Gladstone **6.00 pm - 8.00 pm, Wed 28 May**. Venue to be confirmed.

They will also be conducting an Information Sessions specifically on Careers for Women in Defence and a Women in Defence Careers Expo. The Women in Defence Careers expo will be in Rockhampton **10.00 am - 2.00 pm Sat 31 May**. For further details or to RSVP contact sthorp@dfr.com.au.

TSXPO – BRISBANE

The Tertiary Studies Expo (TSXPO) is an exciting event for anyone seeking to explore their tertiary studies, training and career options. The 33rd annual TSXPO is Australia's largest tertiary studies expo and the ideal event for all senior school students, parents, mature age and prospective post-graduate students as well as career seekers. With exhibits from every Queensland University, as well as those from interstate and overseas, visitors can gain a comprehensive insight into the institutions and programs that best suit them. TSXPO gives you access to over 250 qualified representatives in one location!

TSXPO also features representatives from TAFE, Defence & Police Forces, Private Education Colleges, Student Support Services, as well as a significant number of graduate employers and government agencies recruiting for graduate placements.

For more information please go to www.tsxpo.org/.

Work Experience 2014

Work Experience 2014 is going to be very busy. Placements will be a cost of \$60 per placement. The money needs to be attached to the form and taken to the Office for receipting and then the form is passed onto myself. Forms will then be copied and handed to SAIN.

These forms are in a wall stand outside my office.

Holiday Work Experience Dates are:- (Green Form)

30 Jun to 4 Jul

7 Jul to 11 Jul

22 Sept to 26 Sept

29 Sept to 3 Oct

1 Dec to 5 Dec

8 Dec to 12 Dec

Year 10 Work Experience

Paperwork will be handed out to the students on **Friday** morning. As part of the work experience process students have been asked to complete a General Safety Component on the Safety Sense website. This link is on the letter attached to the form. Once completed a copy of the certificate will need to accompany the green preference form when returned to school. There is no Gladstone Ports Corporation placement in this block. There is also a yellow sheet to industry pathways for students. The cost of this placement will be added to Term 3 School Fees.

WHITE CARD COURSE

This course will be run at Chanel College online on **Tuesday 20 May**. Forms are available from the Office and from a plastic sleeve outside my room. Cost is \$39 for the course. Students will need to bring their school ID as it will need to be verified by a JP for them to complete this course. If the student has lost his ID then they will need to bring their passport or their birth certificate to be verified. Forms need to be returned by **Monday 19 May**. This course is open to Year 10, Year 11 and Year 12 students.

RSL Youth Development Program

The Returned & Services League (RSL) of Australia (Queensland Branch) and Bond University are delighted to be offering the RSL Youth Development Program again this year!

The RSL Youth Development Program has been designed to recognise and reward the outstanding efforts of high-achieving Queensland students. The 2014 - 2015 program aims to once again award 200 grants to talented Year 10 and 11 students who have demonstrated success in the following categories:

- Academic Achievement (inclusive of Arts, Drama, Dance and Media).
- Sporting Achievement.
- Community Leadership and Civic Participation.

Recipients of the RSL Youth Development Program will receive grants of \$2,500 and the top 10% of the highest achieving Year 10 and 11 students will receive a higher recognition via a \$5,000 grant. Recipients will also have the exclusive opportunity to apply for a scholarship worth 50% of tuition fees to study either a single or combined degree at Bond University on the completion of high school.

Applications are open online now at www.RSLyouth.com.au and will close on **November 11**. Download an RSL Youth Development Program information flyer.

Visit www.RSLyouth.com.au for further program details or find us at www.facebook.com/rslyouth.



2014 MUSIC WORKSHOPS

As a current woodwind, brass or percussion music student, you are invited to attend our annual workshop. This is a great opportunity for music students of all abilities to come together with students from other independent schools and home

schooled children.

You will have an opportunity to learn from experienced tutors in small groups during an intense, one or two day workshop (depending on level of skill). The groups will then come together as a band under a guest conductor to perform to family and friends in the finale concert in order to showcase all of your hard work and talent.

GISMA is entering its 18th year of running these amazing workshops which aim to build self-esteem, self-confidence and to widen your music experience within the Gladstone Region.

GISMA aims to cater to all musical abilities to ensure all children get the most out of their workshop.

There are three separate workshops available and you will be placed in an appropriate group by your music/band teacher. The three groups are as follows:

- **Junior Concert Band**
- **Intermediate Concert Band**
- **Advanced Concert Band**

GISMA is only made possible due to the dedicated volunteers who organise and run the event each year.

If you are able to donate any of your time to the association, please contact: Shaunagh 0404041066.

For more information contact: **Kerri Fulloon on 0407 726617.**

Upcoming Events

Week 5

Mon 19 May

- Whole School Assembly

Tue 20 May

- **Parent Teacher Interviews**
4.00 pm - 8.30 pm

Wed 21 May

- **CHANEL DAY**
- P & F Meeting 5.30 pm

Thur 22 May

- **NO MASS TODAY**

Sat 24 May

- **Year 7 for 2015 Interview Day**

Week 6

Mon 26 May

- House Assemblies
- **Sorry Day**

Wed 28 May

- **David Kobler Presentation to Year 10 Students**

- **David Kobler Parent Presentation 6.30 pm - 8.00 pm**

Thur 29 May

- **MASS TODAY**
- **Red Shield Appeal**

STUDENT ACCESS CENTRE

Do you need help with Assignments? Homework? Careers?

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am. Also First Break every day except Thursdays.

Contact Chanel College's Inclusive Curriculum Coordinator:

Mrs Robyn Jurd on **4973 4739**

or Careers Officer: Mrs Mellor on **4973 4738**

POSITION VACANT

CLEANER PARISH CENTRE

We are looking to employ someone to be a Cleaner at the Presbytery, Office and Parish Hall complex.

The position is advertised as a part time role, 12 hours per week, with flexibility in the days worked.

A job description is available at the Parish Office.

Please send your application, CV and references to Fr Kevin Redmond at the Parish Office.

Applications close: 23 May.

Bus Fare Assistance

- Does your child attend a **school outside the Brisbane City Council** boundary?
- Does your family spend more than **\$25/week*** on fares to and from school (* \$20/week if you hold a concession card)?
- Does your child travel on a **publicly available bus** not owned or associated with the school?

STUDENT TRAVEL REBATES Semester 1, 2014

Visit our website to see if you qualify for financial assistance to help with the cost of transport and **apply at**

www.schooltransport.com.au
by 31 May 2014.

Late applications cannot be accepted.

Students with Disabilities

- Does your child have a **verified disability** that requires **transport assistance** to and from school?
- Has your school's learning support teacher assessed your child's **travel capability rating** as 'semi-independent' or more dependent?



15 May 2014

Dear Parents and Carers

This letter has been sent to **all** parents and carers of students in our school to inform them of our participation in the 2014 data collection.

Nationally Consistent Collection of Data on Students with Disability

Our school has been selected to participate in the 2014 Nationally Consistent Collection of Data on School Students with Disability.

What is the National Collection of Data on School Students with Disability?

All Australian governments have agreed to work together to implement a new annual national data collection on school students with disability. This data collection process is being phased in over a three year period from 2013-2015. The first two years will be a transition period. This means that all schools will begin preparing for participating in the collection from 2013.

In 2015, the first full national collection of data on school students with disability will take place in all Australian schools. From then on, this data collection will occur in every school, every year, along with other school data collections.

What does disability mean?

This new national data collection will reinforce the actions required of schools under the National Disability Discrimination Act 1992 and the Disability Standards for Education 2005. The significant change with this collection is the use of a broader definition of disability than the one currently used to identify and allocate resources in educational systems. As a result of this shift in the definition we believe that more students in our community may be considered eligible for identification in the data collection. These laws mean that schools and education systems are required to make, where needed, reasonable adjustments for students with disability.

What is an adjustment?

An adjustment is a measure or action taken to assist a student with disability to participate in education on the same basis as other students. Adjustments can be made across the whole school setting, in the classroom and at the individual level. Some students with disability, at particular stages during their time at school, may not require any personalised adjustments beyond the differentiation that teachers provide to all students on a day-to-day basis. Differentiation occurs when teachers use a variety of teaching strategies to cater for reasonable adjustments for students with disability. Differentiation is not the same as personalised adjustments made for individual students. Differentiation is part of good teaching practice.

What will this mean for my child?

Determining the level and type of support needed for an individual student is not a new activity for Australian schools. The information provided by this new data collection will enable all Australian governments to better target support and resources to assist students with disability in both government and non-government schools. More accurate information about school students with disability will assist teachers, principals and education authorities to support access and participation in schooling for students with disability on the same basis as students without disability.

What information will be collected?

In 2014 the data will be collected on 1 August 2014 and will include:

- Total number of school students
- Number of students with disability by school level enrolment (primary/secondary)

- Number of students within disability type (physical, social/emotional, cognitive or sensory)
- Level of adjustment provided (none, supplementary, substantial or extensive)

Information will be recorded in such a way to be sure that no child can be identified. **Student names will not be collected by the Diocesan Catholic Education Office.**

Further information

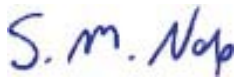
Further information can be found at the following website including parent/carer factsheets. <http://deewr.gov.au/nationally-consistent-collection-data-school-students-disability>

Should you have questions, the school contact person is Robyn Jurd

What do I need to do?

If, after reading this information, you decide that you **do not** want any information on your child’s educational adjustments added to the data please complete the attached form and submit it to the school office by Friday 23 May 2014

Kind regards



**Sharon Volp
Principal**



PARENT/CARER WITHDRAWAL OF CONSENT FORM

NATIONALLY CONSISTENT COLLECTION OF DATA ON STUDENTS WITH DISABILITY

I/we _____ [**Name of**

parent/carer] have been informed of the purpose and extent of the Nationally Consistent Collection of Data on Students with Disability process. Based on our understanding of the process as outlined by the school and from the website <http://deewr.gov.au/nationally-consistent-collection-data-school-students-disability> we choose for our child’s information on educational adjustments implemented to be **excluded** from the Nationally Consistent Data Collection.

Parent/Carer signature: _____ Date: _____



Tuckshop Menu 2014



DAILY SPECIALS

| | | PRICE |
|------------------|---------------------------------------|--------|
| Monday | Chicken & Pesto Wrap Toasted | \$5.50 |
| | Lamb & Chickpea Wrap Toasted | \$5.50 |
| | Chicken & Cheese Wrap Toasted | \$5.50 |
| Tuesday | Beef Lasagne | \$3.00 |
| | Macaroni Cheese | \$3.00 |
| | Fried Rice | \$3.00 |
| Wednesday | Homemade Chicken Burger with Salad | \$5.50 |
| | with Lettuce & Mayo Only | \$4.00 |
| Thursday | Pizza - Stonebaked | \$3.00 |
| Friday | Fish Burger | \$5.50 |
| | Fish & Salad | \$6.50 |

Everyday Menu

Orders must be in by 8.30 am for 1st & 2nd Break

| Sandwiches | PRICE |
|-----------------------|--------|
| Egg, Lettuce & Mayo | \$4.00 |
| Chicken & Mayo | \$4.00 |
| Salad Sandwiches | \$4.00 |
| Ham, Cheese & Pickles | \$4.00 |

Toasted 50c Extra

Extra Fillings 50c Extra

All sandwiches are made on white or multigrain

Other combinations of sandwiches, made to order

| Pastries | |
|---------------------------|--------|
| Good Eating Pies | \$3.00 |
| Potato Top Pie | \$3.00 |
| Good Eating Sausage Rolls | \$1.50 |
| Spinach & Cheese Rolls | \$3.00 |
| Quiche | \$4.00 |

| Snacks | |
|-----------------------|---------------|
| Sweet Muffins | \$3.00 |
| Cheese & Biscuits | \$3.00 |
| Smiths Potato Chips | \$2.00 |
| Fruit Salad | \$1.50 |
| Piece of Fruit | \$1.00 |
| Fruit/Nut Pack | \$1.00 |
| Ice Blocks/Ice Creams | 50c to \$3.50 |

| Drinks | |
|---|------------------|
| Water, Mineral Water, Poppas, Juice, Flavoured Milk, Ice Tea | \$1.50 to \$3.50 |

Salads
All Salads to be Pre-ordered

Prices as at May 2014

* Note: Prices are subject to change.

Tuckshop Contacts: Marina & Aileen
Ph: 4973 4707

www.chanelcollege.qld.edu.au
11 Paterson Street, Gladstone Qld 4680

**Tuckshop Volunteers are always
welcome. It would be lovely to see some
new faces. If interested please contact
the Office Manager on 4973 4714**